



Couple Challenge

Triathlon Festival

TRI NORTHUMBERLAND

Weekend July 2010



Tri Northumberland invite you to visit the beautiful Northumbria coastline. Enjoy a great weekend away with your family or friends and combine it with what promises to be one of the best, if not **The Best**, middle distance events in the country.



The Northumberland Middle Distance Triathlon "**Couple Challenge**" is based at Newbiggin-by-the-Sea in Northumberland. Past experience suggests a '**European style**' crowd providing plenty of noisy

support to help you make it to the finish with good humour and a smile! This is an excellent mid-season middle distance challenge which makes the most of the warmer sea temperatures in a protected bay. The projected tide on race day should also ensure calmer water.

On the evening prior to the triathlon we are staging a **Childrens' Aquathlon** which could make this a true family adventure. We would love to see you on the weekend of the 23rd and 24th July. **Why not give it a go and bring the family!**



Newbiggin-by-the-Sea and the surrounding area has a wide variety of accommodation with options from camping and caravanning to B&B and excellent quality hotels. There's something to suit everyone's needs.

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Visit <http://www.visitnorthumberland.com/>



For information relating to Newbiggin-by-the-Sea
Visit <http://www.newbigginbythesea.co.uk/index.html>



There's also a nice hotel and restaurant at the nearby QEII Country Park. This is at the site of two of our other triathlons.

Visit <http://www.brewersfayre.co.uk/restaurants/details/?id=3555>

For information and to enter <http://trinorthumberland.sweat365.com/>